

Friday Seminar in Africa Studies

Online Literature Seminar on Skin-lightening with



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Skin-Lightening: A Global Public Health Affair

Friday 12 February 2021, 10.15-11.30

Skin-lightening through the use of creams, soaps, pills, injections, and other melanin-inhibiting mechanisms is globally an ordinary everyday phenomenon. Skin-lightening practices are rooted in localized global systems of colourism where societies put higher value on lighter skin. When one discusses these practices in relation to health it is important to acknowledge that they are often labelled as immoral, leaving users that are already targeted by colourist structures very vulnerable. At the same time, potent lightening ingredients including heavy metals, corticosteroids, hydroquinone and tretinoin are associated with serious acute and long-term complications in the skin and other organs, especially with prolonged use and in vulnerable groups such as pregnant and breastfeeding women and children. In this literature seminar, Amna Elyas and Salma Eltahir will introduce the topic of skin-lightening from a medical perspective, focusing on prevalence, the ingredients and potential complications.

Zoom Link: https://uu-se.zoom.us/j/64713703955

Literature: For more details regarding program and the texts that will form the starting point for the seminar discussion, visit Forum for Africa studies' event page:

http://www.afrikastudier.uu.se/en/events/

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MOST WELCOME!