

Friday Research Seminar in Africa Studies

Tanzanian Health Professionals' Perceptions of Barriers for Adolescents Accessing Sexual and Reproductive Health Services

with

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House 3, room 2028, Engelska Parken Thunsbergsvägen 3H, Uppsala

The presentation explores and tries to understand health professionals' perceptions of barriers for adolescents accessing sexual and reproductive health services in Tanzania. It is based on semi-structured interviews with health professionals and community health workers within a national sexual and reproductive health programme in Arusha and Kilimanjaro region, Tanzania. The health professionals were found to struggle to navigate between cultural and traditional norms, current laws and political statements, as well as the current sexual and reproductive health programme they were a part of. The findings also showed that unfriendly attitudes among health professionals themselves, and a focus on diseases and pregnancy in service delivery, were perceived to influence the access to sexual and reproductive health services for adolescents. The findings highlights the importance for future researchers, policymakers and health programmes to consider the aspects of health professionals' values and perceptions and explore the challenges between mixed messages in norms from cultural, political, religious, and external donors.

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